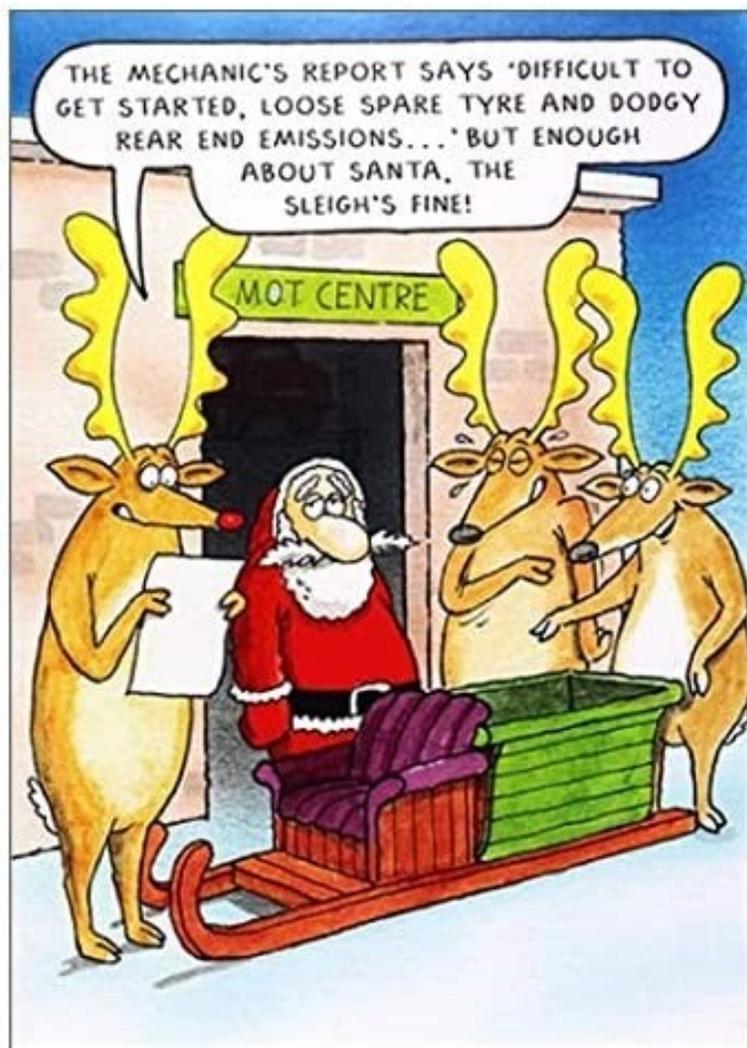




THE UNIVERSITY OF EDINBURGH
COLLEGE OF MEDICINE & VETERINARY MEDICINE
EDINBURGH BIOQUARTER CAMPUS
HEALTH & SAFETY BULLETIN #287
05TH DECEMBER, 2022

CM&VM (Edinburgh bioQuarter Campus) H&S web site: <https://www.ed.ac.uk/medicine-vet-medicine/staff-and-current-students/cmvm-health-and-safety/edinburgh-bioquarter>

University of Edinburgh H&S web site: <http://www.ed.ac.uk/schools-departments/health-safety>



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Health & Safety Training: Those wishing to participate in any one or more of the H&S training courses listed below (**All of which are delivered as on-line training using the medium of MS Teams**) MUST provide *ALL* of the following information in the body of an email to Lindsay.Murray@ed.ac.uk:

- **Your name** (as you wish it to appear on a hard-copy certificate of attendance, which will be issued sometime after the event);
- **Which Department/Centre/Building** you usually work within (so that your certificate can be posted out to you);
- **Which course(s)** you wish to attend; and
- **An email address** that can be cut and pasted into a spreadsheet that will be used to generate an invitation containing a link which participants should use to join each event, and to which any supporting paperwork will also be sent.

Please Note: Failure to send *ALL* of the necessary information, **AND IN THE ABOVE FORMAT**, is likely to result in delays before final details can be confirmed.

Bookings for each course will close a few days before the event, in order to manage the invitation process, so it is recommended that you make an early bid to participate in training (I hesitate to suggest that this should be done also to avoid disappointment).

Hard-copy certificates of completion may, therefore, take some time to reach you, but they *WILL* be sent out in due course.

All courses are repeated regularly throughout the year; so, if you cannot attend one of those listed below, there *WILL* be further opportunities, and these *WILL* be advertised through the medium of future Safety Bulletins.

I really do appreciate the enthusiasm of colleagues to participate in Elf n Safety training, but please **DO NOT** email asking me when the next event will be organised. As soon as I know when the next training events can be offered, I *WILL* let everyone know, and certificates *WILL* be generated and sent as soon as time permits.

New Dates for Health & Safety Induction Training: The next health and safety-related induction training events will be offered at the following time:

- Monday 09th January, 2023 at 10:00 (for approximately one hour).

This course, which is MANDATORY for all new and recently starting workers, will be suitable for people working in laboratories, offices and support services environments, and includes aspects of fire safety awareness and COVID-19 safety arrangements.

Certificates of attendance will be issued for personal and departmental training records.

[To register, see above \(Health & Safety Training\).](#)

Late & Lone Working Training: The next late and lone-working safety training events will be offered at the following time:

- Tuesday 17th January, 2023 at 14:00 (for one hour).

Certificates of attendance will be issued for personal and departmental training records.

Please note that attendance on this training course is MANDATORY for all those proposing to work outside hours of expected buildings occupancy (*i.e.* any time after 18:00 or before 07:00 Monday to Friday, or anytime at all during a weekend or University holiday) and anyone who is expected to work apart from others for periods of time. As always, certificates of attendance will be issued for your personal and departmental records.

[To register, see above \(Health & Safety Training\).](#)

New Dates for Liquid Nitrogen and Compressed Gas Safety Training: The next round of training events will be delivered at the following times:

Liquid nitrogen safety (Part 1):

- Friday 20th January, 2023 at 10:00 (for approximately two and a quarter hours, to include a short comfort break).

Compressed and laboratory gases safety:

- Friday 27th January, 2023 at 10:00 (for approximately two and a half hours, to include a short comfort break).

Certificates of attendance will be issued for your personal and departmental training records.

Please note that attendance on these training courses is MANDATORY for anyone proposing to work in a liquid nitrogen plant room or handling cryogenic liquids, and/or connect regulators to gas supplies or moving and handing compressed gas cylinders, *etc.*

[To register, see above \(Health & Safety Training\).](#)

Certificates of attendance will be issued for personal and departmental training records.

Risk Assessment Training and Clinic: In addition to the wide range of task-based risk assessments that we have prepared and maintain for use within our various buildings, the regulatory authority (HSE) look for evidence that training has been provided to those who prepare and maintain these, and also to those work to the arrangements set out in the assessments.

A risk assessment safety training event will be offered at the following time:

- Monday 30th January, 2023 at 10:00 (for up to 90 minutes, to allow time for questions relating to risk assessment).

Certificates of attendance will be issued for your personal and departmental training records.

To register, see above (Health & Safety Training).

Certificates of attendance will be issued for personal and departmental training records.

Certificates: If over the last year, and despite our best efforts, any certificates have emerged at your end with misspellings *etc*, please return these to me (address at the foot of this Bulletin), indicating what changes are required, and corrected versions will be returned to you.

Science of Santa: This has (unintentionally, on my part) become something of an annual tradition in these parts, and is meant merely for fun if anyone is sufficiently interested (Some have participated every year since this started – You know who you are). In a fairly brief session, delivered using the medium of *MS Teams* for those who express an interest, we will consider just how Santa Claus manages to deliver a present to good boys and girls throughout the whole world in one single night. Subject matters includes a brief historical review, with some regional variations, the physics and engineering of sleigh operations, food and beverage consumption for Santa and his reindeer, and some other stuff.

- Monday 19th December, 2022 at 11:00 (for one hour).

To register, use the same procedure set out in Health & Safety Training in the first section of this Bulletin.

Christmas Carol (Not original, but slightly amended):

We know that time and place, perception, priming, pace.
Make the mind and heart, of each expectation race.
When lights and tinsel raise, and carol songs of praise.
Our campus turns dim, as dreaded deadlines daze.

When we think about this time, of gifts and glitter glare.
Parties end, schedules bend, and bottles clink by pair.
When lights and tinsel raise, and carol songs of praise.
Our campus turns dim, in dreaded deadlines days.

With misdirection maze, and grants bonus blaze.
Working wakes, December takes, its own distraction ways.
When lights and tinsel raise, and carol songs of praise.
Our sights are dim, as dreaded deadlines daze.

When shift and shove are changed, and tasks are rearranged.
Extended hours, and summer showers, and judgment becomes estranged.
When lights and tinsel raise, and carol songs of praise.
Our campus is dimmed, in dreaded deadlines days.

A masterful mix of mates, a matted milieu of fates.
Beset our work, a risk of kinds, decisions can't be late.

When lights and tinsel raise, and carol songs of praise.
Our sights are dimmed, as dreaded deadlines daze.

While paper push in duel, our minds are flooded full.
Our presence active waits, with minds on presents pull.
When lights and tinsel raise, and carol songs of praise.
Our campus in spin, in dreaded deadlines days.

There's nothing cannot wait, the rush out of the gate.
The moment's must, its boom or bust, the lull of looming late.
When lights and tinsel raise, and carol songs of praise.
Our sights are dimmed, as dreaded deadlines daze.

So don't rush like a hero, in crusade for making zeros.
The lord of lights, in slow delights, not dazzling dashing heroes.
When lights and tinsel raise, and carol songs of praise.
Our campus is in spin, as dreaded deadlines daze.

Have a very safe and happy Christmas and an excellent (and even more safe) New Year. Don't lose the opportunity to rest, recover and recharge your intellectual batteries. Take full advantage of the holiday time. Don't come into work unless it's truly unavoidable, and stay here for no longer than necessary. And will the last person to leave each area please remember to switch off all non-essential apparatus, etc. Finally, thank you, everyone, for all that you do to help maintain this as a safe campus.

Lindsay Murray
Health Elf & Safety Weasel,
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Email: Lindsay.Murray@ed.ac.uk
Web site: <https://www.ed.ac.uk/medicine-vet-medicine/staff-and-current-students/cmvm-health-and-safety/edinburgh-bioquarter>
Theme Tune: <https://www.youtube.com/watch?v=VvLV3OZAcyg>

